



STEPS Head Start

Moving Lives Forward

April/May 2025 Menu

Head Start (Ages 3-5 years old)

Appomattox, Buckingham, and Nottoway

Monday – 31	Tuesday – 1	Wednesday – 2	Thursday – 3	Friday - 4
<p>Have a Happy and Safe Spring Break!</p> 				
Monday – 7	Tuesday – 8	Wednesday – 9	Thursday – 10	Friday - 11
¼ cup pretzels, ½ cup applesauce, 4 oz. water	½ Cup pears, ¼ Cup Goldfish crackers, 4 oz. water	½ Day Appomattox ½ cup peaches, ¼ cup graham crackers, 4 oz. water	¼ cup animal crackers, 4 oz. grape Juice	½ string cheese, 5 Ritz crackers 4 oz. water
Monday – 14	Tuesday – 15	Wednesday – 17	Thursday – 18	Friday - 19
½ cup peaches, ¼ cup Goldfish, 4 oz. water	½ string cheese, 5 Ritz Crackers, 4 oz. water	½ cup mandarin oranges, ¼ cup Cheez-Its, 4 oz. water	¼ cup graham crackers, 4 oz. apple juice	¼ cup pretzels, 4 oz. grape juice
Monday – 21	Tuesday – 22	Wednesday – 23	Thursday – 24	Friday - 25
	¼ cup graham crackers, 4 oz. apple juice	4 club crackers, ½ cup tropical fruit, 4 oz. water	½ cup pineapple, ¼ cup Goldfish, 4 oz. water	¼ cup animal crackers, 4 oz. grape juice
Monday – 28	Tuesday – 29	Wednesday – 30	Thursday – 1	Friday - 2
½ cup pineapple, ¼ cup Goldfish crackers, 4 oz. water	½ string cheese, 5 Ritz crackers, 4 oz. water	½ cup pears, ¼ cup Cheez-Its, 4oz water	¼ cup pretzels, ½ cup applesauce, 4 oz. water	Last Day Of School!!! 4oz apple Juice, ¼ cup graham crackers
<p>Have A Happy and Safe Summer Break!!! See You in the Fall!!!</p> 				

Menus are subject to change without notice. The milk served is unflavored 1% milk. Bread, tortillas, waffle, French toast sticks, cereal, some crackers, and rolls are whole grain rich. Appropriate substitutions will be made for children with documented allergies. This institution is an equal opportunity provider that participates in the USDA Child Adult Care Food Program.