




## STEPS Head Start

Moving Lives Forward

February 2025 Menu

Head Start (Ages 3-5 years old)

Appomattox, Buckingham, and Nottoway

Monday – 3	Tuesday – 4	Wednesday – 5	Thursday – 6	Friday – 7
4 oz Grape Juice, ¼ cup Animal crackers	2 Cheese Cubes, 5 Ritz Crackers, 4oz water	<b>½ Day Appomattox</b> ¼ cup graham crackers, ½ Cup applesauce, 4oz water	½ cup Tropical Fruit, ¼ cup Goldfish, 4 oz. water	½ cup Mandarin oranges, 5 wheat thins, 4 oz. water
Monday – 10	Tuesday – 11	Wednesday – 12	Thursday – 13	Friday – 14
5 Ritz Crackers, 2 cheese cubes, 4 oz. water	¼ cup animal crackers, 4 oz. apple Juice	<b>½ Day Nottoway</b> ¼ cup Cheez-Its, ½ cup mandarin oranges, 4 oz. water	4 club crackers, ½ cup tropical fruit, 4 oz. water	<b>½ Day Buckingham</b> 2 cheese cubes, 5 wheat thins 4 oz. water
Monday – 17	Tuesday – 18	Wednesday – 19	Thursday – 20	Friday - 21
	½ Cup pears, ¼ Cup Goldfish crackers, 4 oz. water	½ cup peaches, ¼ cup graham crackers, 4 oz. water	¼ cup animal crackers, 4 oz. grape Juice	½ string cheese, 5 Ritz crackers 4 oz. water
Monday – 24	Tuesday – 25	Wednesday – 26	Thursday – 27	Friday - 28
½ cup peaches, ¼ cup Goldfish, 4 oz. water	½ string cheese, 5 Ritz Crackers, 4 oz. water	<b>½ Day Buckingham</b> ½ cup mandarin oranges, ¼ cup Cheez-Its, 4 oz. water	¼ cup graham crackers, 4 oz. apple juice	¼ cup pretzels, 4 oz. grape juice

Menus are subject to change without notice. The milk served is unflavored 1% milk. Bread, tortillas, waffle, French toast sticks, cereal, some crackers, and rolls are whole grain rich. Appropriate substitutions will be made for children with documented allergies. This institution is an equal opportunity provider that participates in the USDA Child Adult Care Food Program.